



GHAMIDI CENTER OF ISLAMIC LEARNING

# Sunday School SYLLABUS

---

**Course Name:** God and His Final Messenger – Seerah 1  
**Course Stage:** Beginner  
**Stage Theme:** Islamic Foundation and Concepts  
**Level:** 2  
**Ages:** 10-11 years  
**Version:** 1.1  
**Total Weeks:** 32

---

[www.ghamidi.org/sunday-school](http://www.ghamidi.org/sunday-school)

**Al-Mawrid USA**  
**Ghamidi Center for Islamic Learning**

## **Overview:**

Quran has made the obedience of Prophet Muhammad a condition for loving God and receiving love and forgiveness from Him (3:31). A hadith narrated by Anas ibn Malik implies that loving Prophet Muhammad reflects one's perfection of faith (Sahih Al-Bukhari 15, Muslim 44). Loving God and His messenger and obeying them is part of our religion. However, can we claim a deep and sincere love for someone without knowing the person? This two-part course endeavors to introduce God and His final messenger through studying the messenger's life on earth, also known as *Seerah*. Through this course, we will learn how his life was a true depiction of the Quranic teachings, how did he live, how God manifested His being and His commands and practices through His final messenger. Studying the Seerah of Prophet Muhammad and how God accompanied him throughout his life will help us build true love for him and his Lord, who is our Lord also.

The content of this course is drawn from Quran and other authentic sources. The course is divided into two parts: The first part of the course will focus on the life of Prophet Muhammad in Makkah until his migration from Makkah to Medinah, also known as the Makkan period. The second part of this course will focus on the life of Prophet Muhammad in Medinah till his departure from this earth, also known as the Medinan period.

## **Objectives:**

The main objective of this course is to get to know our God and His final messenger through studying the Prophet's life. At the end of this course the students will:

- Articulate the importance of messengers and why God send them
- Understand the history of the children of Ismail who were settled in Makkah by Prophet Ibrahim upon the command of God
- Learn about the collective and moral condition of Arabs and the nations around them
- Describe the key events in the life of Prophet Muhammad before he was made a messenger
- Describe the key events in the life of Prophet Muhammad after he was made a messenger while he lived in Makkah
- Describe the key events in the life of Prophet Muhammad after he was made a messenger while he lived in Medinah
- How do a messenger and his companions go through different stages and the challenges of the mission until he completes it
- Learn about the people who were around Prophet Muhammad and how they helped him in his prophetic mission and how he helped them become true icons of human virtues
- The significance of Hijrah (the migration) and events related to it

## **Delivery Method:**

This course will be taught through various methods including lectures, small projects, homework, and class discussions on topics and main events of *Seerah*.

## **Course Outline:**

The following list is comprised of suggested topics for the course. The topics may be slightly adjusted based on the need of the class. Additional reading material (if needed) for each session will be available for download from the web portal a week before the session.

***Note:** A weekly lesson plan or outline will be created based on these topics in which practical aspects of the course and exercises will be incorporated in the weekly lessons.*

### **1. Introduction**

- › Our course
- › Objective of this course
- › What is Seerah?
- › The importance of studying Seerah
- › Our relationship with Prophet Muhammad – love and obey
- › **God and His Final Messenger – His attributes & practices**
- › How can we benefit from this course?
- › Q&A

### **2. Prophets and Messengers**

- › Why did God send Prophets and Messengers?
- › Adam and his test – first Prophet on earth
- › Selection of Prophets, Messengers and Nations
- › Revelation to Prophets: a great blessing of God
- › How do Prophets help us in our faith in the unseen?
- › Prophets and divine books
- › The difference between Nabi (Prophet) and Rasool (Messenger)
- › Some famous Prophets and Messengers mentioned in Quran
- › Prophet Muhammad is the last prophet – its significance
- › Quick Recap
- › **Al-Rahman – The Merciful God**
- › Q&A

### **3. A Prophet Predicted (Foretold)**

- › Prophet Ibrahim – the father of all Prophets after him
- › The Great Migrations – Prophet Ibrahim settled his sons in Makkah and Palestine
- › Sacrifice of Ismail
- › Construction of Kabaah – a center for oneness of God

- › Prayer of Prophet Ibrahim
- › Prophet Muhammad predicted by Prophet Musa
- › Prophet Muhammad predicted by Prophet Daud
- › Prophet Muhammad predicted by Prophet Isa (Jesus)
- › Shift of religious leadership from Bani Israel to Bani Ismail
- › Quick Recap
- › **Al-Mujeeb –God who responds to our duas**
- › Q&A

#### 4. Conditions of Arabia at the time of birth of Prophet Muhammad

- › Religious conditions and different religious groups – Idolaters, Christians, Jews and Followers of Ibrahim
- › How did idol worship start?
- › Famous tribes/clans and their system of government
- › Powerful empires around Arabia (Byzantine and Persia)
- › Other Neighbors – Yemen and Ethiopia
- › Religious, cultural and moral conditions
- › Economic activities and their main sources of earning
- › Quick Recap
- › **Al-Malik – The King and His laws about nations and their status in the world**
- › Q&A

#### 5. Prophet's Family and Lineage

- › The Family Tree
- › His Forefathers
- › His Parents
- › Quick Recap
- › **Al-Khaliq – The Creator of tribes, clans and nations to know one another**
- › Q&A

#### 6. The Arrival of the Last Messenger

- › The arrival of an awaited prophet
- › The people of the elephants and their devastation
- › Prophet's birth
- › Born as an orphan
- › **Test and Activities**
- › Q&A

#### 7. Prophet's childhood and upbringing

- › Fosterage and early childhood
- › Death of his mother and guardianship after mother's death

- › Interests and activities during his youth – shepherd-hood, wrestling, sword fighting, archery
- › Quick Recap
- › **Al-Wudood – A loving God who test people with hardships for a reason**
- › Q&A

## 8. As-Sadiq (Truthful) and Al-Amin (Trustworthy)

- › Sacrilegious Wars
- › Al-Fadoul Treaty
- › Earning a Livelihood
- › His titles as a young adult: Al-Sadiq, Al-Amin
- › How did he earn this reputation?
- › Quick recap and Lessons Learned
- › **God gave us knowledge of good and evil in our nature**
- › Q&A

## 9. His marriage

- › Trade partnership with Khadijah
- › His marriage to Khadijah
- › Khadijah – her personality and role in Prophet Muhammad’s life
- › His children with Khadijah
- › His love for Khadijah as his wife
- › Quick recap
- › **Al-Wahhab – The Bestower God**
- › Q&A

## 10. Rebuilding Kabaah

- › Damage to Kabaah and its rebuilding
- › Settling a big dispute through trust and wisdom
- › The Kabaah
- › **Test and Activities**
- › Q&A

## 11. Responsibility of Prophethood

- › Prophethood – a grave responsibility
- › How his life situations and activities prepared him for this responsibility
- › His religious beliefs
- › Search for the truth
- › Worship at nighttime and true dreams
- › Archangel Jibrael and his role/attributes
- › Incident of the first revelation in the narrations
- › Choice of an unlettered Prophet
- › Quran is the guidance for mankind until the Day of Judgment

- › Quick recap
- › **Al-Kareem: The Generous God who bestowed humanity with His revelation**
- › Q&A

## 12. The Message

- › Revival of the true teachings of Islam, given to all prophets
- › Monotheism – Belief in one true God
- › Other deities are self-made
- › Death and resurrection
- › Day of Judgment
- › Deeds and Accountability
- › Quick recap
- › **Al-Ahad and Al-Wahid – God is Unique and One**
- › Q&A

## 13. Makkan Phase – Delivering the Message

- › The Prophet saw Angel Jibrael
- › The beginning of Revelation
- › The first revelation came in Ramadan
- › What is revelation?
- › Initiation of Preaching to his close relatives (Inzar)
- › Delivering the message to Quraysh – open to all (Inzar-e-Am)
- › The focus of the initial message
- › Initial reaction from his relatives and leaders of the tribes
- › Quick recap
- › **Al-Hakeem – The All-Wise God who shows us how to deliver the message with wisdom according to the situation**
- › Q&A

## 14. Test and Activities Week

- › **Test and Activities**

## 15. Early Muslims

- › People who accepted Islam in the beginning – Khadijah, Abu Bakr, Ali, Uthman, Saad Abi Waqas, Abdul Rahman bin Awf, Umar, Hamza
- › Slaves and less fortunate also accepted Islam – Bilal, Khabbab, Abdullah bin Masood, Ammar, Yasir, Sumayyah
- › Value of early Muslims in the sight of God
- › Why poor and less fortunate accepted Islam?
- › Quick recap
- › **Al-Haqq – The True God**
- › Q&A

## 16. Persecution in the path of the Truth

- › The grave test for the believers
- › Techniques used by disbelievers to stop the message
- › Quraysh approached Abu Talib against his nephew
- › A Conversation with Utbah
- › Dar-ul-Arqam and its significance
- › Strong and weak believers
- › First migration to Abyssinia and Support of the King
- › Few Notable Conversions
- › Revelation about Romans
- › Return of the migrants from Abyssinia
- › Quick recap
- › **Al-Aziz – The powerful God who allows sufferings in the path of Islam on purpose for greater good**
- › Q&A

## 17. The Objections and Opposition

- › First: Quran is poetry and stirring telling
- › Second: Quran is a human effort
- › Third: Quran is magic, and the Prophet is a sorcerer
- › Fourth: Prophet is just a human being
- › Fifth: Lack of worldly goods
- › Sixth: Love for tradition and culture of their forefathers
- › Quick recap
- › **God law of guidance**
- › Q&A

## 18. Seeking help from the People of the Book

- › Quraish sought assistance from Jews to counter Islam
- › Objection 1: Quran being a revelation (Wahi)
- › Objection 2: Why Quran is in Arabic language?
- › Objection 3: Prophet is being helped by some Jews and Christians
- › Objection 4: Differences between the Quran and other Ancient Books
- › Objection 5: Why this prophet does not show physical miracles?
- › Objection 6: Questions from the history to test Prophet's claim
- › Objection 7: Which prophet is superior?
- › Objection 8: Some Quranic text does not make sense?
- › Quick recap
- › **Al-Khabeer Al-Haleem – The All-Knowing and Forbearing God**
- › Q&A

## 19. Economic and Social Boycott

- › Gathering of Banu Hashem in the valley of Sheb Abu Talib
- › Quraysh did a social and economic boycott to subdue the message

- › Attempts of compromise
- › Abu Bakr wanted to migrate
- › Quick recap
- › **Al-Razzaq – The Sustainer and Provider God**
- › Test and Activities
- › Q&A

## 20. Conclusion of the Argument

- › **God's law of divine punishment**
- › Trials for the people of Makkah
- › Quraish was given warnings about final divine punishment
- › Quraish demanded a sign for God's punishment
- › The sign of Splitting of the Moon
- › Prophet Muhammad increased his efforts in saving his people from divine punishment
- › Prophet Muhammad was asked to concentrate on prayers and be patient
- › Paying attention to the people who accepted Islam
- › The event of Ibn Um Maktoum
- › Quick recap
- › Q&A

## 21. The Year of Sorrow

- › The death of Abu Talib
- › The death of Khadijah
- › How Prophet Muhammad handled these great losses
- › The journey to Taif
- › A Prophet of Mercy
- › Jinns listening to the Quran
- › Quick recap
- › **Only God gives life and take life**
- › Q&A

## 22. Night Journey and Ascension

- › Night Journey (Isra) and Ascension (Mairaj): Significance
- › Israa and Mairaj
- › Details of Israa and Mairaj
- › What is shown in Mairaj?
- › How should we approach such events?
- › Reaction among believers and disbelievers
- › Israa and Mairaj in historical books
- › Quick recap
- › **Al-Samee Al-Baseer – The All-Hearing and All-Seeing God**
- › Q&A

## 23. God's help is on the way



- › A new home for the Message – Tribes in Yathrib
- › The people of Yathrib welcome the news of Islam
- › First pledge from the people of Yathrib
- › Prophet was given glad tiding of the liberation of Kabaah
- › Prophet was given the news of the destruction of the enemies of Islam
- › God exposes the wicked leaders of Quraysh
- › Quick recap
- › **God's practice of providing Divine Help**
- › Q&A

#### 24. Final Warning to and Disassociation from the Disbelievers

- › There is no hope in Makkah
- › The last general warning
- › The announcement of disassociation from the disbelievers
- › Second pledge from the people of Yathrib
- › Permission given to the believers to start migrating to Yathrib
- › Some incidents during migration
- › Plot to kill the Prophet
- › Quick recap
- › **God is the Judge, and He serves Justice in all matters**
- › Q&A

#### 25. The Migration (Hijrah)

- › The Prophet was given the permission to migrate to Yathrib
- › His companion in the migration and the planning
- › The details of the migration journey
- › The incident of Suraqah
- › The Trust in God
- › Temporary stay in Quba
- › Abdullah Bin Salam
- › Yathrib became Al-Madinah
- › Quick recap
- › **Al-Lateef Al-Khabeer – The Subtle and All-Knowing God**
- › Q&A

#### 26. The importance of the event of Hijrah

- › Why did God ask Prophet Muhammad to migrate?
- › Why divine punishment did not come to Quraish after the migration?
- › When does migration become mandatory?
- › Difference between migration and relocation
- › Through Hijri Calendar we celebrate this incident
- › Lessons learned from Hijrah
- › Quick recap
- › Q&A

**27. Test and Activities Week**

**28. Farewell & Revision**